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Community Guidance

University of Maine System Communications

6-16-2020

UMS_Community Guidance_How to Protect Yourself and Others

University of Maine System

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UMS Community Guidance

- For Everyone **New** ▲
- For Students **New** ▲
- For Employees **New** ▲
- For Travelers

UMS Campus Specific Information

- University of Maine
- University of Maine at Augusta
- University of Maine at Farmington
- University of Maine at Fort Kent
- University of Maine at Machias
- University of Maine at Presque Isle
- University of Southern Maine
- University of Maine School of Law

Public Health Resources

- Maine Center for Disease Control — Coronaviruses
- CDC Coronavirus (COVID-19) Information

Announcements

- Working Remotely Guidance Through June 30th Posted
May 18, 2020
- University To Update Guidance Based on Governor Mills' Plan To Restart the Maine Economy
April 29, 2020
- CARES Act Distribution to Students Expected Week of May 4
April 24, 2020
- UMS Forms Fall 2020 Safe Return Planning Committee
April 20, 2020
- COVID-19 Academic Responses and Accommodations
April 18, 2020
- Universities Developing CARES Act Distribution and Fee Adjustment Policies
April 14, 2020
- New Community Resource Guide for Adult Learners and Employees
April 10, 2020
- Summer Sessions To Be Offered Online
April 7, 2020
- Chancellor Malloy: Our Continued Commitment to UMS Employees
April 3, 2020
- Student Fee Adjustment and Rebate Policy by April 15
April 1, 2020
- Chancellor Malloy: Celebrating Commencement During the COVID-19 Pandemic
March 30, 2020
- Pass/Fail Options Extended At UMS Universities
March 25, 2020
- Chancellor Malloy: We're All in This Together
March 24, 2020
- Mills Administration, Public Higher Education Systems Coordinating Response to COVID-19
March 24, 2020
- Identifying University Resources and Materials for the COVID Response Effort
March 23, 2020
- Chancellor Malloy: Full Pay Commitment to Regular Employees Through April 4
March 19, 2020
- Universities Inventorying Resources for Maine's Coronavirus Response
March 19, 2020
- Universities Transition Employees To Remote Work Thursday, March 19
March 18, 2020
- UMS To Continue Paying Federal Work Study Students
March 18, 2020
- Spring Break Extended Two Days: Classes Resume March 25th
March 18, 2020
- Chancellor Malloy: Working Remotely and March 25 Start of Classes
March 18, 2020
- Room and Board Adjustments and Rebates
March 17, 2020
- Chancellor Malloy: Focusing on Faculty and Staff Needs
March 17, 2020
- UMS Technology Resource Update
March 16, 2020
- Chancellor Malloy: Event Restrictions On Gatherings and Other Updates
March 12, 2020
- Student Room and Board Refunds: UMS posting guidance before Noon on Wednesday, March 18th
March 12, 2020
- Travel Assistance Hotline for UMS Employees and Students
March 11, 2020
- Chancellor Malloy Message on Transition to Online Instruction
March 11, 2020
- University UMS COVID-19 Directives prohibit non-essential university air travel, opens residence halls for spring break, sets March 23 deadline for continuity of instruction planning
March 10, 2020
- Novel Coronavirus (COVID-19) Information University of Maine System
March 9, 2020
- Students and Employees Urged to Update Emergency Contact Information
March 6, 2020
- UMS COVID-19 Guidance on University Travel for Business and Personal Travel
March 5, 2020
- UMS Guidance for International Travelers
March 4, 2020
- Governor Mills Convenes Coronavirus Response Team
March 2, 2020
- Travel Monitoring and Prohibitions: University Travel to Italy Prohibited
March 1, 2020
- We're Making Plans to be Ready for Coronavirus
February 28, 2020

For Employees

Resources for Teaching and Working Remotely (6/16/2020)	+
Workplace Policies and Guidance (06/16/2020)	+
How to protect yourself and others (06/16/2020)	-
Important Actions to Take To Be Safe and Prepared	
<ul style="list-style-type: none"> All faculty and staff are urged to take basic steps to avoid exposure to or infection from the virus causing COVID-19 and to protect themselves and others. <ul style="list-style-type: none"> Stay home if you are ill. Stay home if you are at higher risk. Follow the CDC guidance for protecting yourself and others. See more information about staying safe in the "For Everyone" section of this web site. Take the steps necessary to set up direct deposit for paycheck processing if you have not already done so. Please visit https://mycampus.maine.edu to access Employee Self-Service. Should you need assistance with feelings of stress or anxiety or with resources for child care, pet care, etc., you or your family are encouraged to contact the Employee Assistance Program available through Cigna at mycigna.com or 1-800-274-7603. <p>(Last reviewed/updated: 06/16/2020)</p>	
Should I wear a face covering when working? (06/16/2020)	+
Vendors/Contractors on Campus (06/12/2020)	+
Working Remotely – Guidance Through June 30, 2020 (05/15/2020)	+
UMS Work and Pay Guidance through June 30, 2020 (05/05/2020)	+
Families First Coronavirus Response Act, (FFCRA) Information (04/02/2020)	+
UMS Wellness Program – COVID-19 Level 1 Incentive Adjustment Update (03/30/2020)	+
Identifying University Resources and Materials for the COVID Response Effort (03/25/2020)	+
COVID-19 Pay Guidance (03/20/2020)	+
Full Pay Commitment Through April 4 (03/19/2020)	+
Benefit Eligible Employees – Cigna Prescription (03/19/2020)	+
Benefit Eligible Employees: Cigna Information (03/17/2020)	+
Benefit Eligible Employees: Telehealth Options (03/17/2020)	+
Employee Assistance Program (03/17/2020)	+