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UMS_Community Guidance_Benefit Eligible Employees: Cigna Information

University of Maine System

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Health Advisory – Coronavirus Disease 2019

UMS Community Guidance For Employees

For Everyone	UMS Work and Pay Guidance, April 5, 2020 - June 30, 2020 (New: 04/03/2020)	+
For Students	Working Remotely (New: 04/03/2020)	+
For Employees New ▲	Families First Coronavirus Response Act, (FFCRA) Information (04/02/2020)	+
For Travelers New ▲	UMS Wellness Program – COVID-19 Level 1 Incentive Adjustment Update (03/30/2020)	+
	Identifying University Resources and Materials for the COVID Response Effort (03/25/2020)	+
	COVID-19: Cigna Information (03/17/2020)	+

UMS Campus Specific Information

- University of Maine
- University of Maine at Augusta
- University of Maine at Farmington
- University of Maine at Presque Isle
- University of Southern Maine
- University of Maine School of Law

Public Health Resources

- Maine Center for Disease Control — Coronaviruses
- CDC Coronavirus (COVID-19) Information

Announcements

- Chancellor Malloy: Our Continued Commitment to UMS Employees
April 3, 2020
- Student Fee Adjustment and Rebate Policy by April 15
April 1, 2020
- Chancellor Malloy: Celebrating Commencement During the COVID-19 Pandemic
March 30, 2020
- Pass/Fail Options Extended At UMS Universities
March 25, 2020
- Chancellor Malloy: We're All in This Together
March 24, 2020
- Mills Administration, Public Higher Education Systems Coordinating Response to COVID-19
March 24, 2020
- Identifying University Resources and Materials for the COVID Response Effort
March 23, 2020
- Chancellor Malloy: Full Pay Commitment to Regular Employees Through April 4
March 19, 2020
- Universities Inventorying Resources for Maine's Coronavirus Response
March 19, 2020
- Universities Transition Employees To Remote Work Thursday, March 19
March 18, 2020
- UMS To Continue Paying Federal Work Study Students
March 18, 2020
- Spring Break Extended Two Days: Classes Resume March 25th
March 18, 2020
- Chancellor Malloy: Working Remotely and March 25 Start of Classes
March 18, 2020
- Room and Board Adjustments and Rebates
March 17, 2020
- Chancellor Malloy: Focusing on Faculty and Staff Needs
March 17, 2020
- UMS Technology Resource Update
March 16, 2020
- Chancellor Malloy: Event Restrictions On Gatherings and Other Updates
March 12, 2020
- Student Room and Board Refunds: UMS posting guidance before Noon on Wednesday, March 18th
March 12, 2020
- Travel Assistance Hotline for UMS Employees and Students
March 11, 2020
- Chancellor Malloy Message on Transition to Online Instruction
March 11, 2020
- University UMS COVID-19 Directives prohibit non-essential university air travel, opens residence halls for spring break, sets March 23 deadline for continuity of instruction planning
March 10, 2020
- Novel Coronavirus (COVID-19) Information University of Maine System
March 9, 2020
- Students and Employees Urged to Update Emergency Contact Information
March 8, 2020
- UMS COVID-19 Guidance on University Travel for Business and Personal Travel
March 5, 2020
- UMS Guidance for International Travelers
March 4, 2020
- Governor Mills Convenes Coronavirus Response Team
March 2, 2020
- Travel Monitoring and Prohibitions: University Travel to Italy Prohibited
March 1, 2020
- We're Making Plans to be Ready for Coronavirus
February 28, 2020

Benefit Eligible Employees – Cigna Prescription (03/19/2020)	+
Benefit Eligible Employees: Cigna Information (03/17/2020)	–
In partnership with Cigna, UMS has taken steps to help plan participants worried about symptoms or exposure to COVID-19 find greater peace of mind with easier access to screening, testing, telehealth services, and behavioral health support.	
<ul style="list-style-type: none">COVID-19 diagnostic testing will not be subject to co-pay or deductible. These out-of-pocket costs will be waived.These out-of-pocket costs will also be waived for testing-related visits with in-network providers, whether at a doctor's office, urgent care clinic, emergency room or via telehealth, at least through May 31, 2020.Additionally, Cigna is actively adapting pharmacy benefits to align with evolving state and federal guidelines related to the pandemic.	
Please note Cigna has opened an additional 24-hour toll-free help line (1-866-912-1687) to connect you directly with qualified clinicians who can provide support and guidance.	
More information is available on MyCigna.com .	
(Last reviewed/updated: 03/17/2020)	
Benefit Eligible Employees: Telehealth Options (03/17/2020)	+
Employee Assistance Program (03/17/2020)	+
Resources for Teaching and Working Remotely (3/16/2020)	+
Workplace Policies and Guidance (03/12/2020)	+
Staying safe in the workplace (03/12/2020)	+