

The University of Maine

DigitalCommons@UMaine

Poster Presentations

Center for Community Inclusion and Disability
Studies

5-2020

Local Resources for Parents and Youth with Disabilities

Cynthia Thielen

University of Maine

Follow this and additional works at: https://digitalcommons.library.umaine.edu/ccids_posters



Part of the [Disability Studies Commons](#)

Recommended Citation

Thielen, C. (2020, May). *Local resources for parents and youth with disabilities*. (PDF). Poster presented at the NH-ME LEND Capstone Poster Session and Celebration [Zoom web conference].

This Poster is brought to you for free and open access by DigitalCommons@UMaine. It has been accepted for inclusion in Poster Presentations by an authorized administrator of DigitalCommons@UMaine. For more information, please contact um.library.technical.services@maine.edu.



The Coalition and the Maine Developmental Disabilities Council sought to revise and update its diagram for supports across the lifespan so it can be presented in an easy to read, user friendly manner. As a LEND trainee, I revised its materials related to their Developmental Services Lifelong Continuum of Care and the Blueprint for Effective Transition. In addition, I developed short summary documents on each of the areas identified by the Coalition which included Healthcare, Employment, Education, as well as Housing and Transportation. These areas are included below, and each bullet point is expanded upon in the five summary documents.

Topics Addressed in Prepared Summaries

Healthcare

- CHIP
- Beckett Waiver
- Healthcare Transition for Youth
- Project Let's Go
- MaineCare
- HCBS Waivers

Education

- IDEA
- Section 504
- Parent Rights
- Postsecondary Education
- TPSIDS
- Think College!

Employment

- Vocational Rehabilitation
- Rehabilitation Act
- Employment Agencies
- WIOA
- Employment First



Housing

- Supportive Housing
- HCBS Rule
- Financial Assistance for Housing

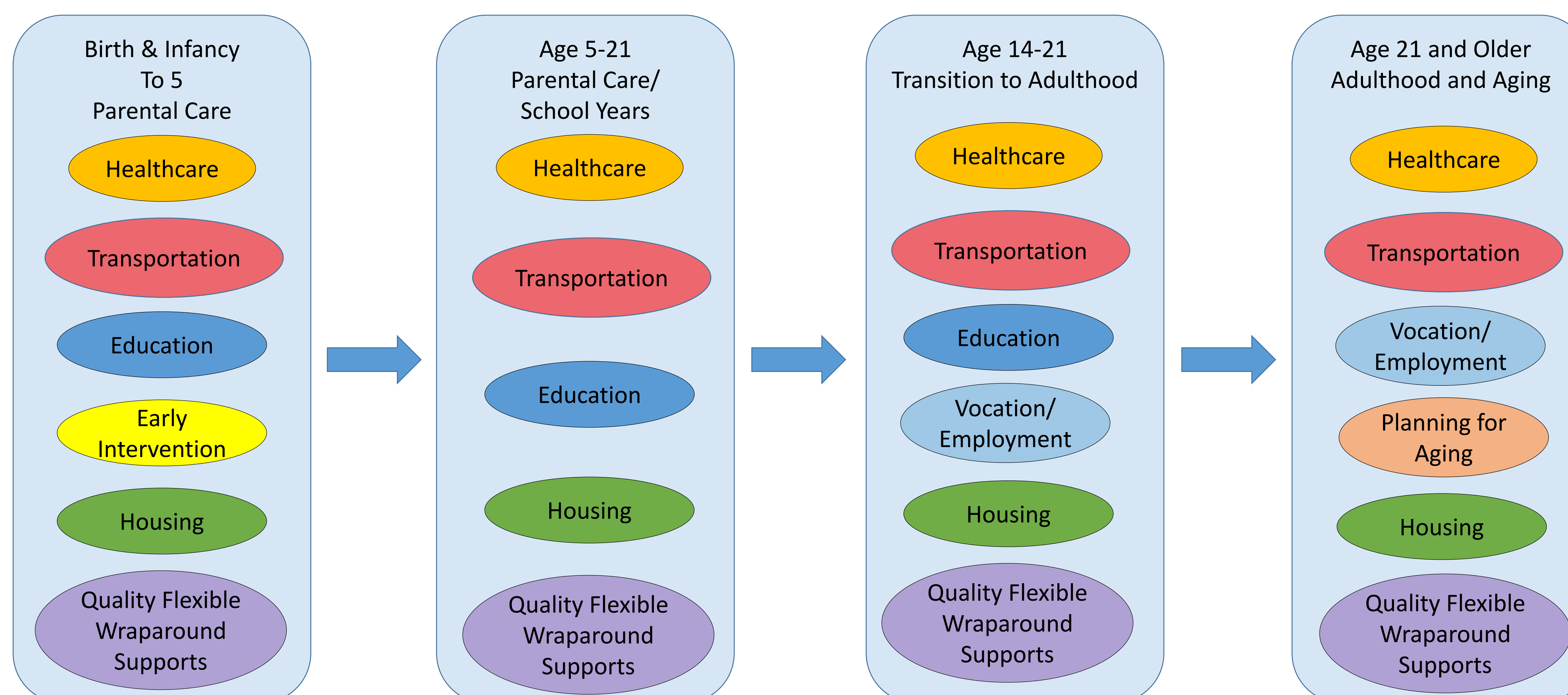
Transportation

- ADA Paratransit
- Transportation Brokers
- Resource Links

About The Maine Coalition for Housing and Quality Services

Founded in 2006 and based in Portland, ME, the Maine Coalition for Housing and Quality Services seeks to advocate for funds and resources to support housing, direct services, and to increase advocacy throughout the state of Maine.

Lifespan
People need different types and amounts of support over their lifespan. Formal supports (provided by government) complement and supplement natural supports provided by family and community.



Choice & Flexibility
Each of us are entitled to have a broad array of choices about how we live our lives and the form that supports take. Formal supports should be flexible and adaptable to individual preferences and need.

Person Centered Planning
The person drives the planning process. The person, family, and community, are all involved in planning supports as lives evolve over time. Supports are based on the wants, goals, and needs of the individual and change over the lifespan. Self-advocacy and self-determination are primary values.

Partnerships
Support for an individual is a partnership among the individual, family, community, nonprofit, and government. The role of each party varies by individual and over the lifespan.

Community Inclusion
People are included and engaged with their communities. Inclusion is promoted and facilitated by both natural and formal supports.

Coordinated Access and Quality Outcomes
People are included and engaged with their communities. Inclusion is promoted and facilitated by both natural and formal supports.