

The University of Maine

DigitalCommons@UMaine

University of Maine at Augusta

University of Maine System Communications

Fall 2020

UMA COVID-19_Safe Return_Fitness Centers Webpage

University of Maine at Augusta

Follow this and additional works at: https://digitalcommons.library.umaine.edu/c19_uma



Part of the [Higher Education Commons](#), [History Commons](#), [Medicine and Health Sciences Commons](#), and the [Sports Studies Commons](#)

This Webpage is brought to you for free and open access by DigitalCommons@UMaine. It has been accepted for inclusion in University of Maine at Augusta by an authorized administrator of DigitalCommons@UMaine. For more information, please contact um.library.technical.services@maine.edu.



Safe Return | Fitness Centers

[Home](#) / [UMA Safe Return Plan](#) / [Safe Return | Fitness Centers](#)

The Fitness Centers on the Augusta and Bangor campuses will limit entrance to the facilities, limit the number of patrons at any given time, and rearrange the exercise equipment to facilitate proper physical distancing. Though the locker rooms will be available, it is strongly recommended that anyone coming to the fitness center wear their exercise clothing, thereby reducing contact time with others. Likewise, exercise equipment will be used by one person at a time, for the same reason.

Fitness classes will be by appointment only, so participants will need to sign up for them beforehand. Anyone new to the Fitness Centers may activate a membership by using an online form.

Safe Return Notices

[New Office Hours for Student Services](#)

[UMA Postpones Competitive Sports to Spring 2021](#)

[A message from President Wyke:
UMA's Safe Return Plan](#)

[UMA Safe Return Plan »](#)

[UMA Safe Return Committee »](#)

[UMA Remote Resources »](#)

[Quick Resources &
Contacts List](#)

UMS Together For Maine Plan

UMS Guidance for:

[EVERYONE](#) ▶

[EMPLOYEES](#) ▶

[STUDENTS](#) ▶

[TRAVELERS](#) ▶



[MISSION STATEMENT](#)
[CAMPUS SECURITY](#)
[ANNUAL SECURITY REPORT](#)

[NON-DISCRIMINATION NOTICE](#)
[TITLE IX RESOURCES & POLICIES](#)
[CONTACT US](#)

University of Maine at Augusta
46 University Drive, Augusta, ME 04330
Phone: 1.877.UMA.1234

