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## Military Suicide in Maine 2015-2019

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# Military Suicide in Maine 2015–2019

## Suicide Circumstances

The ten most frequent circumstances, as well as information about suicidal intent, and a suicide note, are shown below.

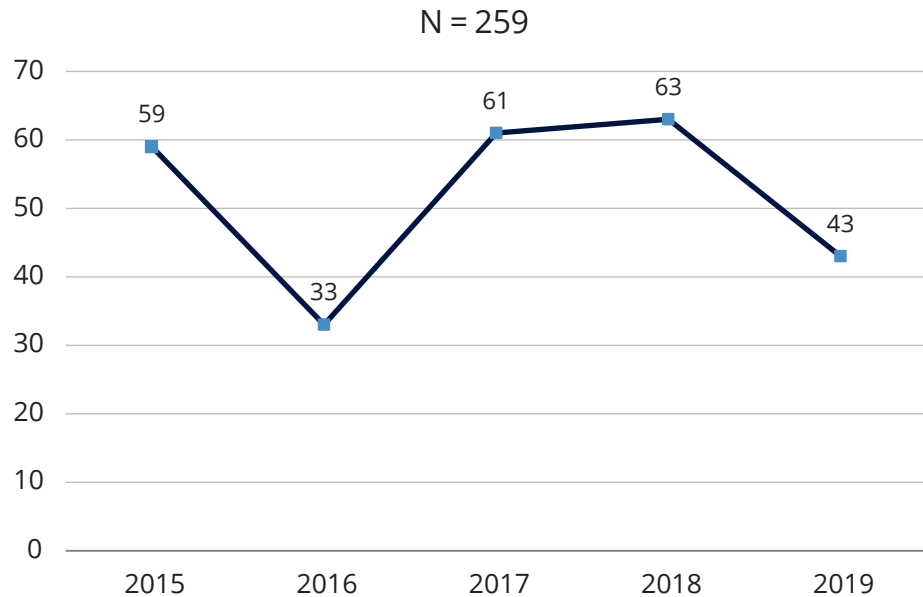
- 43% Physical health problem
- 42% Mental health problem
- 42% Depressed mood
- 31% History of mental illness treatment
- 29% History of suicidal thought
- 17% Current mental illness treatment
- 17% Intimate partner problem
- 15% History of suicide attempt
- 15% Alcohol problem
- 12% Argument

More than one circumstance may have been noted in the record.

- 31% Left a suicide note
- 17% Suicide intent disclosed to another person

MEVDRS collects information on all individuals who were reported to ever serve in the military, regardless of their status as a federally qualified veteran.

## MAINE MILITARY SUICIDES BY YEAR



## DEMOGRAPHICS OF MILITARY SUICIDES IN MAINE 2015–2019

N = 259

Marital Status	
36%	Married**
29%	Divorced/Separated
19%	Never Married
16%	Widowed

\*\*Includes civil unions and domestic partnerships

Education Status	
24%	College Degree
12%	Some College Credits
59%	High School/GED Graduate
6%	Less than High School Education

Gender	
96%	Male
4%	Female

Race	
97%	White
3%	Other

## HELP IS AVAILABLE

If you or someone you know is in crisis, contact:

### Maine Crisis Hotline

1-888-568-1112

### National Suicide Prevention Lifeline

1-800-273-TALK (8255)

### Chat with a crisis counselor online:

<https://www.suicidepreventionlifeline.org/gethelp/lifelinechat.aspx>

### Northern New England Poison Center

1-800-222-1222

### Maine Help Line

Dial 211

### Veteran Crisis Hotline

1-800-273-8255

Press 1

Text 838255

## Contact Information

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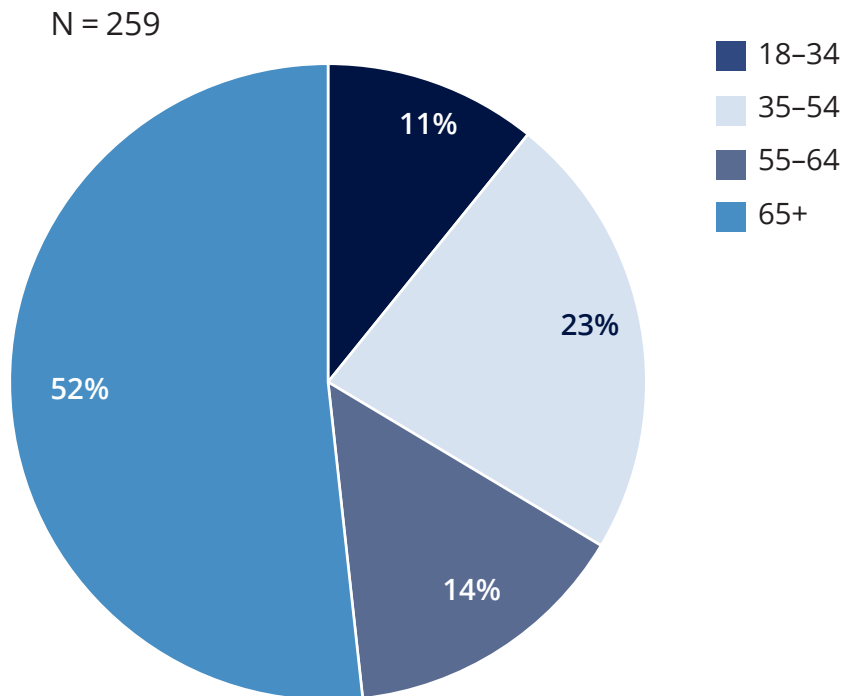
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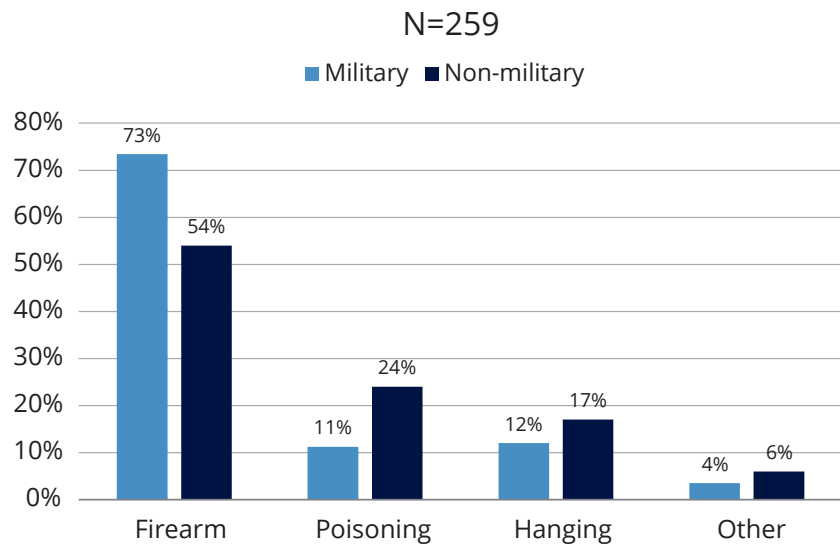
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04/22

## MAINE MILITARY SUICIDES BY AGE



## MAINE MILITARY VS NON-MILITARY SUICIDES BY METHOD



Compared to non-military civilians in Maine, Maine's military population is **1.4 times** more likely to use firearms.

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