The University of Maine DigitalCommons@UMaine

Student and Trainee Scholarship

Center for Community Inclusion and Disability Studies

5-2024

Black Women Maternal Health Model

Aicha Ali

Follow this and additional works at: https://digitalcommons.library.umaine.edu/ccids_studentpub

This Poster is brought to you for free and open access by DigitalCommons@UMaine. It has been accepted for inclusion in Student and Trainee Scholarship by an authorized administrator of DigitalCommons@UMaine. For more information, please contact um.library.technical.services@maine.edu.

Introduction

NMPHI focuses on identifying and addressing health inequities. Working with its community to bridge the gap between the people and the healthcare providers to minimize health disparities and inequality. To improve the health of the population we serve, another aspect of NMPHI's goal is to encourage healthy behaviors and alter the attitudes, beliefs, and behaviors of those we serve. NMPHI advocates for the marginalized community to build stronger and healthier members of the community.

Black and Immigrant mothers encounter difficulties in obtaining high-quality maternity care. The purpose of speak up in favor of medical professionals who respect and acknowledge the cultural customs and beliefs of to maternal health care. Black and Immigrant moms. And lastly, it aims to promote the value of providing care that is culturally sensitive to improve maternal health outcomes.

The training was developed through feedback from listening and watching video sessions about Maternal Health. Women were concerned and challenged by the healthcare system, and the areas in which they were seeking to improve access to maternal healthcare services. After every session, I received feedback that helped me to proceed to the next one. My ability to deliver knowledge that was particularly pertinent to the needs of women was made possible by the women's approach.

NH-ME LEND is supported by a grant (#T73MC33246) from the Maternal and Child Health Bureau, Health Resources and Services Administration (HRSA), U.S. Department of Health and Human Services and administered by the Association of University Centers on Disabilities (AUCD).

Black Women Maternal Health Model Aicha Ali Institute On Disability at the University of New Hampshire

Pictures



I have experienced an increase in participation monthly as more women within the community learn about the project. My first session had 12 women, the second session had 17 women, and the third session had 18 women.

I am providing focus group presentation slides and structured this poster is to draw attention to these differences and learning sessions on Maternal healthcare topics relevant to encourage culturally aware methods of promoting Black Women and Somali. During my presentation sessions, I maternal health in our communities. It also seeks to had the opportunity to hear many participants' experiences regarding the difficulties they had in getting access

Results

Promote Maternal Well-being: Enhance the physical and mental well-being of immigrant moms and black moms during pregnancy and postpartum. Provide Culturally Relevant Information: Offer maternal health information that is sensitive to the cultural needs and experiences of immigrant and black communities.

Foster community support: create a supportive community where moms can share experiences, learn from each other, and build a network of support. Accessibility and Inclusivity:

Ensure that the program is accessible and inclusive, addressing any barriers related to language, cultural differences, or healthcare disparities.



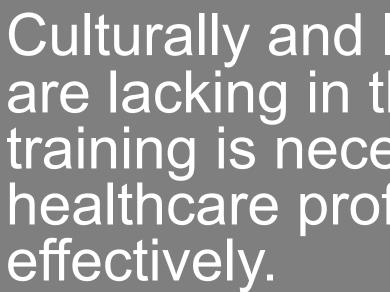
University of New Hampshire Institute on Disability











Together with the community members, I have created leadership development programs for the future. Raising awareness in the Somali and Black communities about women's health

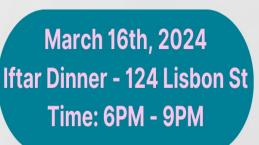
Reference

SUPPORT GROUP IN MAINE Strong Like A Mother (Pregnancy) Once monthly in-person facilitated support group offered in person every 4th Friday of each month. Email hello@brandyrogers.com and go to
 A sector of the secto www.brandyrogers.com for more information. Photo of Brandy Rogers, Counselor in Maine



NEW MAINERS PUBLIC HEALTH INITIATIVE

- Mental health support, strategies for managing stress and identifying mood disorder symptoms.
- Join us for a night of learning and community as we celebrate maternal health in Ramadan



(207) 241-0546

Center for Community Inclusion

University Center for Excellence in Developmental Disabilities

MAINE

and Disability Studies





Conclusions

Culturally and linguistically appropriate services are lacking in the health systems. I hope additional training is necessary for case managers and other healthcare professionals to serve our community

iod.unh.edu/nh-me-lend

