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1991 Piscataquis County Cooperative Extension Annual Report

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1991

PISCATAQUIS COUNTY



**COOPERATIVE EXTENSION
SERVICE
COURT HOUSE COMPLEX
DOVER-FOXCROFT, MAINE
TELEPHONE: 564-3301**

PISCATAQUIS COUNTY EXTENSION ASSOCIATION

ANNUAL MEETING

VALLEY GRANGE HALL

GUILFORD CENTER

NOVEMBER 1, 1991

AGENDA

6:00 p.m. Dinner

EXTENSION PROGRAM HIGHLIGHTS
Extension Educators

"PISCATAQUIS PANORAMA"
by Roger Merchant

8:30 p.m. Adjourn



PISCATAQUIS COUNTY EXTENSION ASSOCIATION EXECUTIVE COMMITTEE

1990-91

NAME	TERM EXPIRES	MAILING ADDRESS		TOWN REPRESENTING	TELEPHONE NUMBER	OCCUPATION
<u>PRESIDENT</u>						
Floyd Marsh	'91	RFD#2, Box 73, Guilford	04443	Guilford	876-3343	Contractor
<u>VICE PRESIDENT</u>						
Steve Butler	'91	Central Hall, Dover-Foxcroft	04426	Dover-Foxcroft	564-3318	Wastewater Plant Mgr.
<u>SECRETARY</u>						
David Sylvester	'91	RFD#1, Box 135-B, Brownville	04414	Barnard	965-8126	Teacher
<u>TREASURER</u>						
Wayne Bennett	'91	P. O. Box 173, Guilford	04443	Guilford	876-3073	Bookkeeper
<u>MEMBERS</u>						
Vicki MacDonald	'91*	P. O. Box 1187, Greenville	04441	Greenville	695-2639	Diversified Farmer
Berta Fitzgerald		14 W. Main St., Dover-Foxcroft	04426	Dover-Foxcroft	564-3647	Chair, Homemakers' Assoc.
John Curran	'92	RFD#1, Box 615, Sangerville	04479	Sangerville	564-3173	Guidance Counselor
Lynda Friedrichs	'92	P. O. Box 12, Abbot Village	04406	Abbot	876-3116	Part-Time Secretary
Lou Golob		76 Lawrence St., Dover-Foxcroft	04426	Dover-Foxcroft	564-2770	Contractor

*Term Expires

PISCATAQUIS COUNTY EXTENSION ASSOCIATION

Proposed Budget, 1992

Salary Support	\$15,700
Telephone	3,500
Equipment & Repair	3,600
Hall Rental	100
Non-Penalty Postage	400
Association Dues	200
AV/Photography	200
Office Supplies	2,250
Periodicals/Library	1,250
	<hr/>
	\$27,200

1990-1991 EXTENSION PROGRAM HIGHLIGHTS

The Expanded Food and Nutrition Education Program (EFNEP) plays an integral part in reaching nutritional needs of low income families. The EFNEP Aides worked with 146 families and 242 children participated in the Summer EFNEP Food and Fitness Funshops.

Workshops, newsletters and leader training have motivated families reduce saturated fat, cholesterol, sugar and salt in their diets. Through these efforts 423 families have become nutritionally aware.

The Solid Waste issue has hit all Piscataquis County communities. UMCE has worked with Recycling Committees, conducted over twenty recycling education programs, worked with teachers to establish school recycling education programs. Over 325 adults and 275 children have gained awareness and knowledge about recycling.

Over 576 farmers, gardeners and home owners learned how to apply pesticides safely through pest identification, selecting the least toxic control, calibrating equipment and proper storage.

4-H Horse Sense Day with over 60 4-H members and volunteers attending included sessions on feeding, worming, and other horse care topics. Twenty youth attended the 4-H Horse Camp to learn about riding and horse care.

Ninety-eight youth enrolled in 4-H Clubs and another 196 enrolled as independent or EFNEP 4-H members. Another 484 youth were involved in 4-H school programs such as Agriculture Literacy (Blueberries, Chick Embryology and Potatoes), Nitrates, Food and Nutrition, and Environment.

Over 200 producers received livestock production information through a variety of programs, including: Livestock Enterprise Selection, Beef Management, Sheep Nutrition, Beef Feeder Calf Selection, etc. as well as individual contacts.

With Penquis Valley Middle School, SAD # 41, we conducted an adventure program for alternatives students. Ropes courses, skills training, rock climbing, and expedition were opportunities which boosted self-confidence. Evaluations show this approach made a very positive contribution to student participants.

UM Extension Specialists have been working with business people to help them address business management and development decisions, using a counseling, problem-solving/educational approach.

Greenvilles' economic development initiative has received both networking and group planning support from UMCE. As a result the town received a \$45,000 USDA:FS grant to implement their development strategy.

UPCOMING PROGRAM HIGHLIGHTS

Families will understand the importance of resource management planning and develop financial management and consumer skills as it relates to managing one's budget for the home.

Parents learn ways to develop parenting skills, improve communication skills among family members, increase their enjoyment with their family members as well as learn to serve as positive adult role-models.

Program participants will identify ways to minimize their life style risks as related to nutrition and health practices. Focus will be on behavioral changes such as reducing intake of sugar, salt and fat, increasing calcium, improved exercise practices. Food preservation is addressed with this item.

Starting in 1992 all 4-H Leaders will attend regional Volunteer Ongoing Learning and Training (VOLT) to familiarize themselves to 4-H, Extension, and working with youth. Agriculture Literacy 4-H School Enrichment opportunities will continue.

Record keeping, pesticide recertification, beef calf management and an Interactive Television (ITV) eight part ruminant nutrition course are some topics of future programs for farmers. A Sustainable Agriculture series will be offered as a multicounty project. The concept of Crop Management Associations will be explored with area farmers as a method of managing soil nutrients and crop pesticides.

With Penquis Valley Middle School and other institutions, we will develop strategies and actions for incorporating the knowledge gained from the Milo Challenge project into the mainstream of educational experiences which foster self-confidence, an attitude of human possibility, real aspirations.

The Small Business Clinics will continue to offer business people a forum for addressing business management problems. Geographic targeting of the program, as well as developing information and problem-solving "networks" around particular interests will be pursued.

The Landowner Re-Survey will offer field research data on changes in landownership to town comprehensive planning groups. The Public Policy Project will examine social, economic, and environmental conditions, and explore strategies for action, including responses to the Northern Forest Lands Study.

We will continue to provide credible information and learning experiences in support of inquiries presented to us by people in Piscataquis County. This will occur through phone and office consultations, information mailings, meetings, forums, and/or workshops,