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Coronavirus Community Updates_FAQ_UMaine, UMM Community Members Returning to Campus

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Novel Coronavirus Community Updates

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Frequently Asked Questions

- [Pass/fail and other academics questions](#)
- [Accessibility accommodations and Student Accessibility Services](#)
- [Faculty and staff](#)
- [Office of Innovation and Economic Development and Foster Innovation Center program changes](#)
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Resources and updates

- [Remote teaching resources from CITL](#)
- [Remote learning resources from UMaine Online](#)
- [Tools for remote work, teaching and learning from UMS Information Technology](#)
- [U.S. Centers for Disease Control and Prevention Coronavirus Disease information](#)
- [Maine Centers for Disease Control and Prevention Coronavirus Response](#)
- [Maine Emergency Management Agency](#)
- [Latest announcements from Maine Governor's Office](#)
- [University of Maine System Information and updates regarding Coronavirus](#)

UMS Chancellor Malloy's update, April 3

Published: April 03, 2020

UMS-IT Zoom security update, April 2

Published: April 03, 2020

Updated FAQs, April 2

Published: April 02, 2020

HR update on the Families First Coronavirus Response Act, April 1

Published: April 02, 2020

UMS news release on room and board reimbursements, student fees, April 1

Published: April 01, 2020

UMaine, UMM community members returning to campus

Note: These UMaine/UMM FAQs are subject to change at any time. Please check this site regularly for the latest information as it becomes available. The most recent additions and changes are at the top of this page. Last modified March 22, 2020.

What protocols should be followed by employees and students returning to campus and UMaine and UMM facilities from out of state?

Those asymptomatic community members faculty, staff and students who have recently traveled outside of Maine and are returning to campus may be subject to CDC-recommended measures on their return to campus, based on their prior travel (CDC [travel advisories](#)) and out-of-state home locations (regions/states with sustained community transmission). There is sustained transmission of COVID-19 in the U.S. Community members returning from out-of-state travel who are not exhibiting flu or COVID-19 [symptoms](#) are asked to self-quarantine for 14 days prior to returning to their workplace. During self-quarantine, monitor for symptoms and take a daily temperature.

If you develop symptoms, call your health care provider and follow the recommendations. Follow the voluntary UMaine/UMM self-reporting guidance below to assist in planning and guiding your return to work plan.

Older adults and travelers with underlying health issues should avoid situations that put them at increased risk for more severe disease. This entails avoiding crowded places and nonessential travel.

Under the guidance of a health care provider

If under any directives from their health care providers or if self-isolation is recommended awaiting COVID-19 laboratory test results, remain at your current home and self-isolate for the recommended CDC time period. Refer to the University of Maine System [workplace policies and guidance](#) on any alternate work-related option available to the faculty or staff. Follow the voluntary UMaine/UMM self-reporting guidance below to assist in planning and guiding your return to work plan.

Travel from an area designated as a CDC Level 3

Faculty, staff or students returning from a CDC Level 3-designated area may be required not to report to work and strongly encouraged to adhere to a self-quarantine period of up to 14 days per CDC [guidelines](#). Follow the voluntary UMaine/UMM self-reporting guidance below to assist in planning and guiding your return to work plan. Refer to the University of Maine System [workplace policies and guidance](#) on any alternate work-related option available to the faculty or staff.

If displaying symptoms after travel

Should you display symptoms after travel, call your health care provider and follow the recommended self-isolation period while awaiting confirmation of the cause of your symptoms. Follow the voluntary UMaine/UMM self-reporting guidance below to assist in planning and guiding your return to work plan.

Consult with your supervisor upon return about avoiding presence at work and possible work-from-home options. (University of Maine System [workplace policies and guidance](#))

Awaiting COVID-19 test (laboratory) results

If you have been asked to self-isolate by a medical provider in relation to coronavirus and/or are awaiting COVID-19 test results, please voluntarily contact Richard Young (ryoung@maine.edu; 207.356.2518), the confidential University Health Services liaison to help inform the UMaine or UMM communities. Thank you for your understanding of the extraordinary circumstances this situation presents for all of us. Refer to the [University of Maine System guidelines for university travel for business and personal travel](#) for guidance.

An employee or student in need of further information regarding returning to campus from travel outside and/or within the state of Maine should call 207.581.2681.

