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## Navigating Aspects of Project Development-ECHO SCOPE

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# Navigating Aspects of Project Development-ECHO SCOPE

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NH-ME LEND  
PROGRAM

## Introduction:



**Extension for Community Healthcare Outcomes (ECHO)** is a model of practice that aims to reduce health disparities in underserved and remote areas using virtual clinics to increase the capacity for expert teams to deliver best-practice training and care.

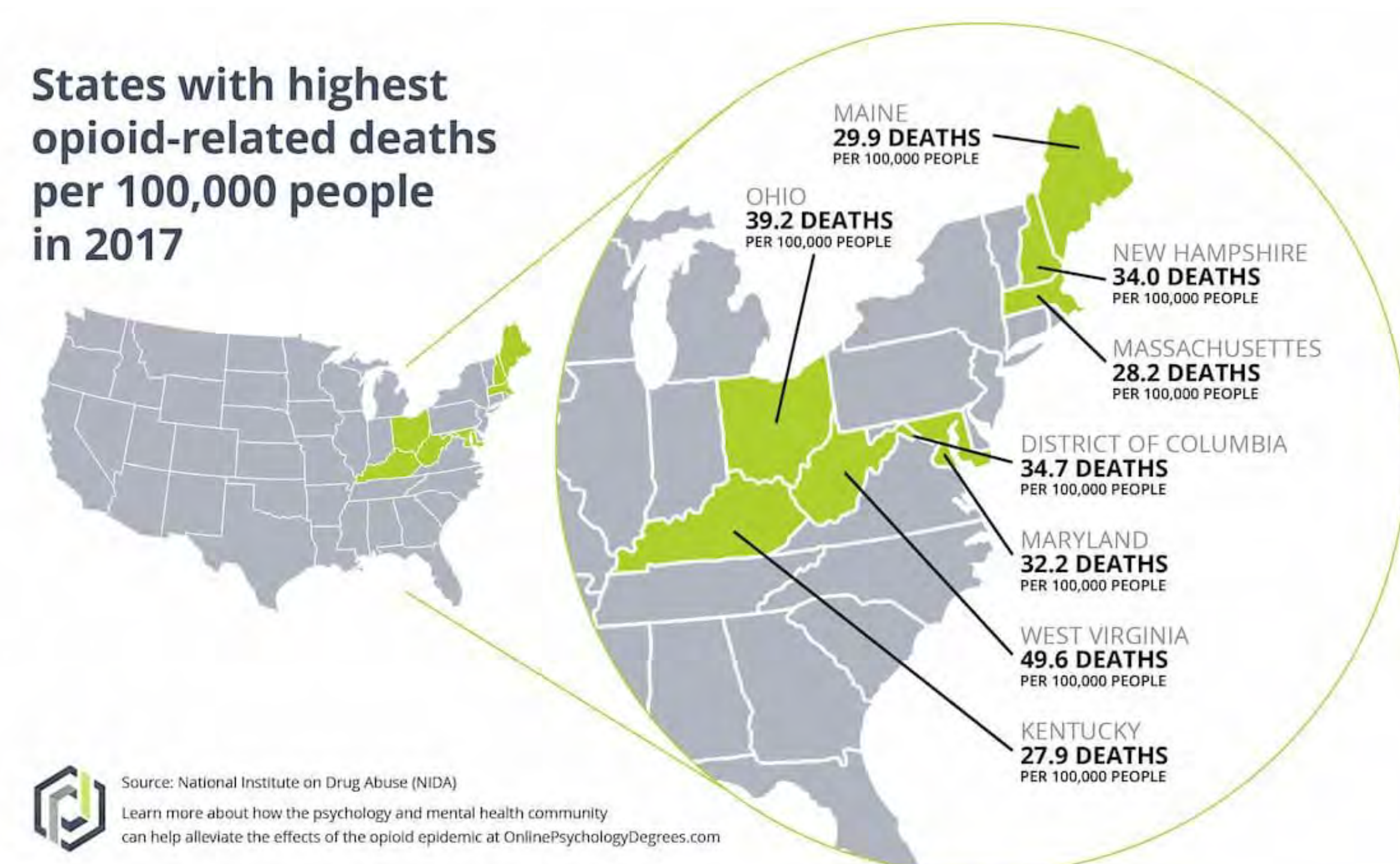
**Supporting Children of the Opioid Epidemic (SCOPE)** focuses on neo-natal substance misuse, trauma, stigma, interventions, and strength-based support. SCOPE offers an interdisciplinary approach to addressing the challenges of the opioid epidemic specific to children and families.

The ECHO SCOPE initiative addresses an urgent public health need by aiming to 1) increase access to treatment and 2) improve quality of treatment and support for these infants and their families.

### NH-ME Project ECHO SCOPE: A New Initiative

- NH and ME have some of the highest numbers of infants diagnosed with neonatal abstinence syndrome (NAS) and neonatal opioid withdrawal syndrome (NOWS).
- In **2020**: NH Institute on Disability from UNH and UMaine's CCDIS is approved for a 2021 spring ECHO-SCOPE cohort. Preparation for this new initiative begins.
- The first NH-ME-specific cohort planned to train 25 Early Interventionists from each state. A total of 50 participants were enrolled.

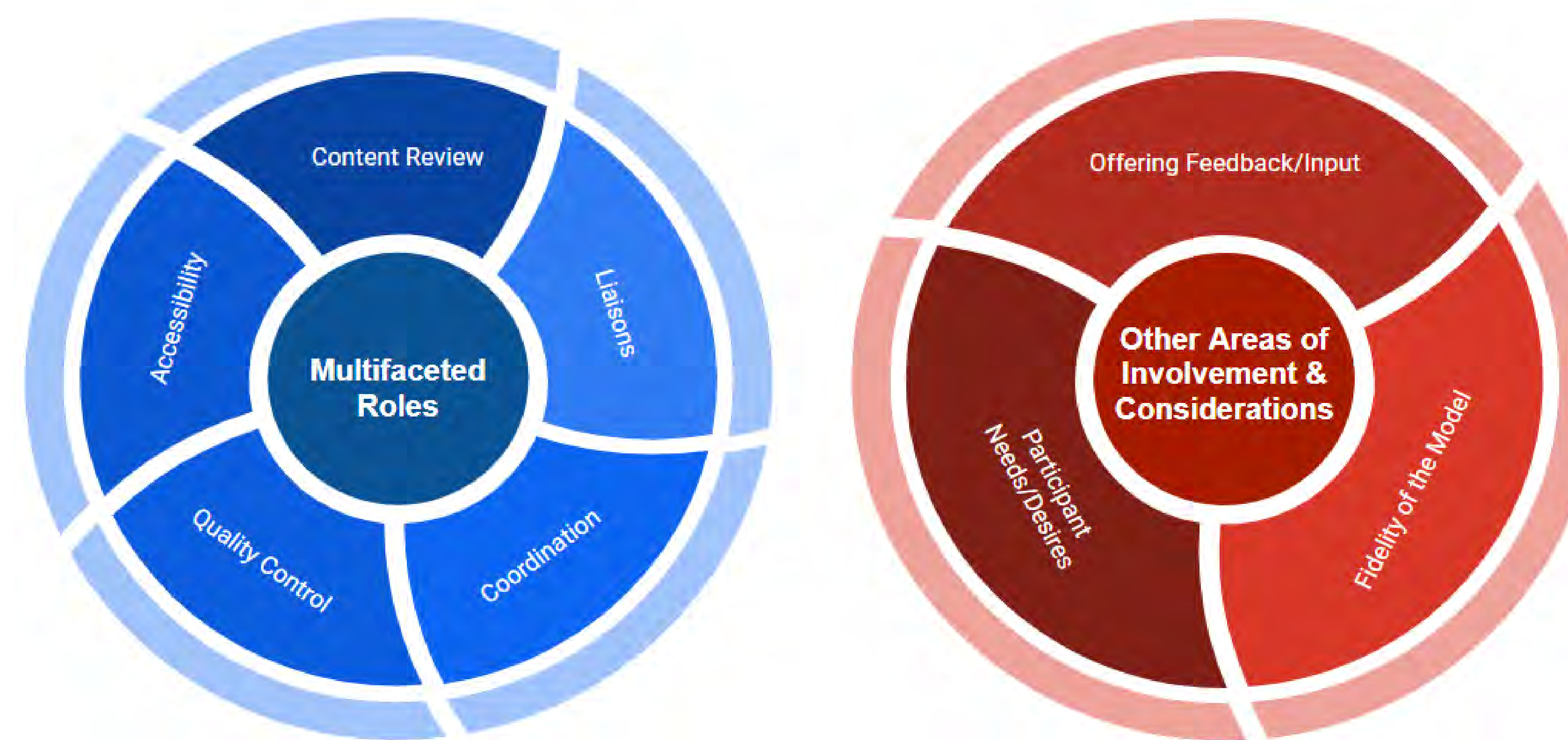
States with highest opioid-related deaths per 100,000 people in 2017



Source: National Institute on Drug Abuse (NIDA)  
Learn more about how the psychology and mental health community can help alleviate the effects of the opioid epidemic at [OnlinePsychologyDegrees.com](https://onlinepsychologydegrees.com)

## Delegating Tasks:

*New Trainees* – NH-ME LEND Trainees join the planning team at ground level. Their input is sought to enhance their learning; as well as the 50 Early Intervention participants'. Flexibility is key, and roles are ever-evolving and multifaceted.



## Project Approach:

### Early Focus

- In-depth review of the Project SCOPE curriculum & materials. **Focus:** state-specific enhancement, assess appropriateness of materials, maximize presentation effectiveness, and streamline presenter information for the NH-ME ECHO-SCOPE sessions
- Research and determine state-specific information to fill identified gaps within the available resources and learning objectives

### Later Focus

- Supporting didactic presenters by ensuring each presentation:

Is relevant to participants, in-line with national partner expectations, flows smoothly, is consistent with other sessions, is accessible, offers valid information, and falls within expected time limits

## Design for Consistency

- Begin with review of session objectives: are these all addressed?	<input checked="" type="checkbox"/>
- Readability/language	<input checked="" type="checkbox"/>
- PowerPoint Accessibility	<input checked="" type="checkbox"/>
- Aesthetic (spacing, amount of text per slide, etc.)	<input checked="" type="checkbox"/>
- Number of slides (roughly 1 slide per minute, with a target of 15 minutes speaking time max.)	<input checked="" type="checkbox"/>
- Consideration of video use: accessibility and time consumption	<input checked="" type="checkbox"/>
- Resource slide required for all data and scholarly article usage	<input checked="" type="checkbox"/>
- Are resources up to date/reliable?	<input checked="" type="checkbox"/>
- Stigmatizing language review	<input checked="" type="checkbox"/>
- Self-care and reflective practice incorporated?	<input checked="" type="checkbox"/>
- Initial interpretation/emotion derived from presentation? Approach to message need altering?	<input checked="" type="checkbox"/>

## Leadership Components & Takeaways:

- Increased appreciation and understanding of project management and project development skills:

**Leadership, Communication, Scheduling, Negotiation, Delegation, Critical Thinking, Task/Quality Management, Client-Centered Approach, Sense of Humor**

- Structure to ensure consistent, relevant, concise, concrete, and constructive feedback to support individual and group needs
- Time management in correlation to project demands
- Importance of varying leadership styles, interdisciplinary teaming, and the all-teach all-learn approach
- Learning to embrace the unknown by trusting your team & their strengths