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Office of Diversity & Inclusion_A Note Regarding COVID-19 Webpage

University of Maine Office of Diversity and Inclusion

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Diversity and Inclusion

A Note Regarding COVID-19:

All of us at UMaine are committed to inclusive excellence. As such here are ways that we as a community can maintain that commitment even through these unprecedented times:

1. Treat all people with respect and kindness. Strive to use inclusive language. For example, start by introducing yourself using your name and your pronouns.
2. Renounce all acts and words of racism, xenophobia, sexism, islamophobia, homophobia, transphobia and all other types of "othering" that divides our community when you encounter them. Commit to being an active bystander and intervene if you are comfortable doing. [Report acts of bias to the Bias Response Team here](#). Call the police if necessary.
3. Support each other. Some among us may need help with food, immediate housing, health care, etc. Please direct students to fill out [this form](#) where they can put in a request for immediate funds. Local students can also access food from the Black Bear Exchange food pantry. For those who do not have transportation, the BBE is now offering a food delivery service. [You can get more information at their website found here](#).
4. Be sure to connect with your friends. Here is a list of things that you can engage with while practicing social distancing from the [Center for Student Involvement](#)! Campus Recreation is also offering many services and activities, [check out their website](#).
5. Remember to refer to the virus as "COVID-19 or "Coronavirus." Referring to it as "Chinese Virus" or "Wuhan Virus" is racist and directly impacts the Asian community. [Click here for the latest information regarding decisions of the University of Maine System](#).

Standing together we can thrive as a community. We can get through this together.

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