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#### College of Natural Sciences, Forestry, and Agriculture\_SWK 497 Mental Health and Work Session Slides

Elizabeth Depoy University of Maine

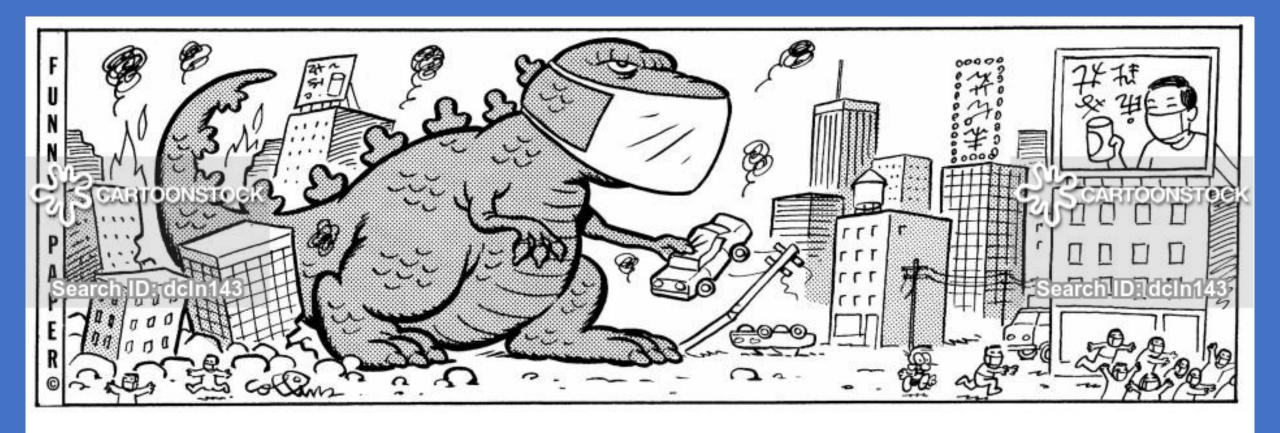
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## Session 1

Welcome

### Syllabus Review



"I couldn't do my homework because my computer has a virus and so do all my pencils and pens."

#### Domain #8

- Assist consumer to engage in goal-directed employment activity with the understanding of the relationship between meaningful work and overall wellbeing, and utilization of appropriate community resources
- 2. Acknowledge the importance of work as part of self-concept/identity, and describe its role in mental health treatment and recovery.
- 3. Understand that the paths to mental health recovery and employment are both varied and non-linear, give examples of successful employment outcomes for consumers of behavioral healthcare.
- Recognize and describe common myths and misconceptions regarding individuals with psychiatric disabilities and their ability to be successful in the workplace

### Domain #8, con't

- 5. Understand the role of the MHRT/C in supporting a consumer to pursue a vocational goal, the importance of ongoing support in maintaining successful employment, and how it is reflected in the individual's plan of care.
- Engage the consumer in meaningful, ongoing conversations about finding work and/or the possibility of work in the future, including job seeking/retention strategies.
- 7. Be able to practice engagement and motivation techniques to encourage and empower consumers to make progress along the employment continuum.
- 8. Identify and know how to access resources for consumer advocacy related to employment, including the use of natural supports to help individuals obtain and maintain a job.

### Domain #8, con't

- 9. Identify and refer consumers to support and employment advocacy services that will reduce or eliminate perceived barriers to continued successful employment.
- 10. Give examples of career development resources, including career exploration and labor market information available in the community.
- 11. Discover the diverse services and roles of people involved in the employment support system for consumers with psychiatric disabilities, and explain how the MHRT/C collaborates with others in the employment support system without duplicating the roles of these providers.
- 12. Identify online and local resources to access federal and state regulations and policy relating to employment

## Domain #8, con't

- 13. Give examples of current and evolving research regarding evidence-based practices in employment of consumers with psychiatric disabilities, including Individual Placement Support.
- 14. Demonstrate awareness of reasonable accommodation and disclosure of disability in the context of mental health and employment.
- 15. Identify federal and state disability benefits, the availability of work incentives, and how to consult with Community Work Incentives Coordinators.
- 16. Describe the role of the Department of Labor, Division of Vocational Rehabilitation as partners, how to refer, and collaborate around work goals.

# The Domain #8 Summary

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Work is important to individuals for many reasons-remunerative e work is the valued outcome for Domain #8



The capacity to work is a confluence of intrinsic, social, economic, educational, workplace etc. Factors

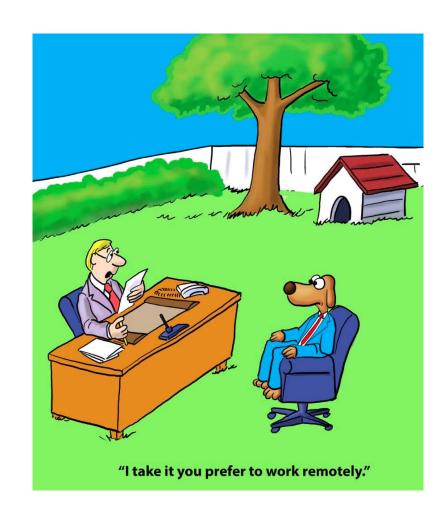


There are many places in which social work can facilitate successful work outcome

## Course analytic framework: Forensic analysis-What went wrong?

- We begin with the basic tenet that employment is the desirable and that it has not been reached
- What is work and why is someone not working?
  - The employment context
    - Knowledge-organizational theory, the nature of work, factors affecting employment markets, the employer, social attitudes, resources, etc.
    - Skills-macro skills
  - Within the individual
    - Knowledge-Work theories (e.g. motivation, job acquisition skills, social skills, etc)
    - Skills-Social work assessment, intervention, and evaluation of desired outcomes

#### Covid 19 Work Picture







# Assignment #2-IGQ

- What went wrong with the employment crisis that occurred as a result of the pandemic? Consider the whole picture, employee, employer, built environment
  - https://www.youtube.com/watch?v=kQ0Orwu1i5g