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Ann DeWitt



DAWNBREAKER

MAINE DIVISION AMERICAN ASSOCIATION UNIVERSITY WOMEN

Sally Bailey, President

VOLUME 20 No. 2--February 1972

Karyl Condit, Editor

"To Be or Not To Be ..."

...That is the question, not only for Hamlet, but also for us. For "being" implies "living" and the degree to which we are alive to the world about us--alive to the world's beauty and joy as well as its pain and struggle. Our aliveness is related to how much we care. Our caring is the power which moves us. It is the passion in life which so often seems to be absent. For had there been deeper caring, would not our world be in a different order today?

In looking at the many social "cares" in the world, it always seems that nothing begins to change until there is a disaster or we are on the brink of a disaster. Let's take the issue of our Beleaguered Earth. Whatever the topic, pollution, land management, or population, if we as persons first cherish and care about our own life, then we will care about other persons' lives and our created world as well. There will be mutual respect for persons as well as environment. There can be massive programs of restoration, anti-pollution, and family planning. However, until we first nurture within our own lives and those about us a sense of worth and preciousness, all of our "programs" will be like so many "band-aids."

Can we ever care too much? I don't think so. For can you begin to imagine what just your family or neighborhood might be like if each one began to care about someone or something a little more than we did yesterday? Listen to the times you hear: "I don't care," in a conversation. What would happen if the reply were: "I do care"?

Caring brings countless joys. But the paradox is that caring also brings deep suffering, and it is the latter from which we so often wish to steal ourselves. Is it not at just this point where caring goes from joy to pain that challenges our maturity?

Care is the necessary ingredient that changes life from mere physical survival to the good life. To quote from Rollo May's LOVE AND WILL: "Care is important because it is what is missing in our day. What young people are fighting, in revolts on college campuses and in the sweep of protests about the country, is the seeping, creeping conviction that nothing matters;

the prevailing feeling that one can't do anything. The threat is apathy, involvement, the grasping for external stimulants. Care is a necessary antidote for this."

To care or not to care, that is our question. For when we care, we are "being."

by Sally Bailey, President

A CARE-FULL BUTTON

Following the assassination of Robert F. Kennedy, there was general hopelessness in Los Angeles, particularly among the minority groups. At the Orthopedic Hospital many minority nurses and staff felt like giving up. One black nurse expressed her feelings to one of the white doctors who said, that many persons were concerned for minority of what doctors were doing. He told her, "Do you want me to wear a badge?" She said, "Yes." So he designed this pin and gave it to persons whom he felt cared about others.



Claire Fulcher, NARVP, was in the hospital a month later as a patient of this doctor. She commented upon the spirit of caring she felt existed in the hospital which he said had grown since he developed the pin. Since this time, Claire and others from coast to coast and around the world have received this special pin. To be the recipient is to receive a special commission "to be."

(...as told by Claire Fulcher to Sally Bailey)

LEARNING DISABILITIES UNDER SURVEY

Barbara Howd, member of the Governor's Task Force on Learning Disabilities, reports that early in March first grade teachers in six selected Maine communities will begin to evaluate all their pupils on a scale designed to pin-point possible learning disabled children. High risk cases will be further tested on a standardized measuring device chosen by the Task Force. It is intended that statistics

(cont. on page 4)

Models for Citizen Action

In November a conference on citizen action drew together AAUW Division Presidents and Topic Chairmen for This Beleaguered Earth. Sally Bailey and I were happy to represent Maine in Chicago. The conference was a joint effort of AAUW and The Environmental Protection Agency.

Mention should be made, first, of the homework assignment the delegates were given: Each was to read the ENVIRONMENTAL LAW HANDBOOK by Norman Landau and Paul Rheingold. Give one as a gift to your favorite lawyer in Maine!

In contrast to many conferences where one sits and listens to speakers, this one was more of a workshop conducted by and for those attending. Sally chose the full-day session on Water Pollution; I chose Land Use and Planning because Maine has made some substantial strides in this field with recent legislation. Most, if not all, other states need similar forms of protection desperately. Along with planning for development and protection from development, two other areas seemed to be foremost in the minds of those in this workshop: 1) Encouragement of public transportation, with slowing of highway proliferation; 2) Control of the horrors left by strip mining. A xerox service at the conference enabled us to copy and take home printed material, such as successful pieces of legislation.

One evening of the conference was set aside as "Do Your Own Thing." Since "over-population" is one of my most pressing concerns, I signed up for a rap session on this topic. We discussed an article by Rebecca Cook (Fletcher School of Law) entitled "Does Your State Have a Population Policy?" We also considered the thoughts of Harriet Pilpel, a Manhattan attorney who has long fought the battle of civil liberties in population matters. Her article, "The Voluntary Approach: Population Control", appeared in the November issue of Civil Liberties. Both of these articles are highly recommended for branch or study group use. There was more accord than discord in this evening get-together. We did agree that the STATE should act to make real freedom of choice possible by: a) repealing repressive laws; b) encouraging research in contraceptive and abortifacient technology; c) ensuring effective delivery of services on a voluntary basis to all segments of our population; d) waging educational campaigns.

Workshops on the following day were on Influencing Public Opinion, Environmental Education, and Community Education. Environmental education in Maine seems to be in the embryo stage, and growing very slowly compared to developments in many other states.

by Lee Davis

Legislative Notes by Ann DeWitt

The main item of interest legislatively in the coming months will be funding of public education. The MTA is formulating a suit similar to the Serrano v. Priest case in California. The use of local property taxes to support local schools was found to be unconstitutional. Sen. Katz of the Education Committee feels that AAUW can be particularly helpful in studying and evaluating alternate plans for funding of public education. If we are prepared, we will be able to give valuable testimony before legislative committees, when the new proposals come before the legislature. (There is a chance that the Supreme Court will hear the Texas case as early as October '72). See Barbara Howd's notes for details on resource materials.

There has been considerable discussion on the Division level regarding the type of legislative program we should propose. Should we have only 2 or 3 items and concentrate on them or should we have our usual program with a wide variety of items to include many interest groups? The decision be made at Winter Board meeting on Feb. 12 in Augusta. If you have strong feelings regarding this question, contact me at RFD 1, Oakland 04963.

We are continuing our interest in Natural Resources Legislation. AAUW is represented at the NRC lobby sessions held weekly during legislative sessions.

We have worked toward passage of the Equal Rights Amendments by writing letters to appropriate congressmen. If at all possible write to our senators and urge passage of the Equal Rights Amendment H.J. Res.208 unchanged. Only this passage will keep the Amendment out of conference and possible defeat.

The Maine Industrial Port Authority bill will require careful study. The whole idea is probably premature at this session.

RESERVE MAY 20 FOR CONVENTION ON MT. DESERT!



Chatting with Alice Beeman, General Director of AAUW, at the Chicago conference are Sally Bailey, left, and Lee Davis, right.

Let's Study School Financing

Your interest must match my own as you read of the intent of the MTA to support a test testing the constitutionality of the property tax as a basis of financial support for public education. There would seem to be great possibilities for study group or Branch action--Let's do something about that "Dollar's Worth of Education"! For your reference, two concerned groups have done studies on the financing of education:

1. A Blue Ribbon Committee of the Associated Industries of Maine did a study on the subsidy program of the State Department of Education and subsequently developed a new concept in financing public school education (December 1970). Using this concept as its basis, a bill was presented to the 105th Legislature by Sen. Joseph Sewell of Old Town. (L.D. 1293)

2. The Maine Municipal Association (89 Water St., Hallowell 04347) prepared another study dated February 19, 1971, and entitled, "Is Present School Aid Distribution Equitable?" The question raised: Is State-Municipal Revenue Sharing a more effective method of sharing the state broad based sales and income taxes?

3. Rep. Douglas M. Smith, D-Dover Foxcroft, sponsored a bill in the 105th Legislature that would cut property taxes about 0% and school revenue would be raised by tripling or quadrupling the individual and corporate income tax. Rep. David Emery, Rockport, has indicated that he will propose similar legislation in this special session.

Additional references are: Financial Status of the Public Schools 1. 1, Communication on Education Finances, National Education Assoc., 1201 16 St., N.W. Washington, D.C. 20036. \$1.25; and the California Supreme Court Decision on School Financing. Available on loan from AAUW Continuing Interests Office, 2401 Virginia Ave.,

Branch Highlights

Waterville's fall used book sale, now expanded to provide refreshments, was very successful...Fall programs related to "We the People." Legislation was discussed by Robert Marden, a registered lobbyist in Augusta; welfare was discussed by Robert Palmer, City Administrator and Dir. of Health and Welfare, and Angus King, Pine Tree Legal Assistance Office. A panel is planned of persons working with vocational, college oriented and disadvantaged students. The local educational scene will be discussed with members of the School Board. Peaking the study will be an address by Carroll McGary, State Comm. of Education, on March 15 at the Brookside School. This meeting will be co-sponsored by the PTA groups in the city.

The Mt. Desert branch semi-annual rummage sale netted \$525 for a scholarship to an Island girl. They will match this amount for Fellowships...This is their third year of serving as advisors to highschool juniors and seniors. They contact college alumnae and obtain college information.

Their annual booksale netted the Brunswick branch almost \$1100...The November meeting featured the Maine Regional Medical Program...They held a memorable Christmas social, with a festive pot-luck supper and a silent auction of Christmas decorations...They delved into education philosophy in January with the headmaster of Bath's Hyde School and the Assistant Superintendent of the Brunswick schools...The February program will concern woman's role through history as seen in her dress. They will be digging into Bowdoin and Brunswick costume archives.

N.W. Washington D.C. 20037, or from AKCO Inc., 85 Cony St., Augusta \$3.50) with commentary.
by Barbara Howd



presenting Maine at the North Atlantic Regional Workshop in October were: front, l. to r., Peg Hodgkins, Madeleine Parker, Barbara Wilson, Sally Bailey, Mary Alice Chakoumakos, and Jeanne Birge; back, l. to r., Cynthia Baldwin, Marion Turner, Diane Sanders, Villa Quinn, Jeanne Ilbur, Alice Beeman, Claire Fulcher, Judy Sullivan, Elizabeth Bass, Elizabeth Russell, Lorraine Hepler, Docia Gray, and Lou Smith.

BRANCH HIGHLIGHTS (cont. from page 3)

Franklin County members had a stimulating evening with George Dennison, author of THE LIVES OF CHILDREN...They were fired up about Fellowships by our Division Fellowships Chairman, Dr. Russell, from M.D.I... A Christmas silver tea benefitted the branch program fund ... "Food and Funds for Fellowships" in January featured a scrumptious international buffet, served to members and guests, followed by an informative discussion with Clinton Conant, Ex. Dir. of Rural Health Associates, Franklin County's new health care group and recipients of a large OEO grant to benefit low income families...The Volunteer Aide program is in progress in the elementary schools of Wilton, Strong, and Farmington.

Presque Isle 's fall activities included a pot-luck dinner for members and husbands, followed by a talk by the director of the Aroostook Mental Health Clinic...In November they met with the art director of UMPI and made collages from magazine clippings... College seniors, female faculty and the president's wife joined them for a coffee in December at UMPI...They are planning a rummage sale to benefit local scholarships.

Orono - Old Town sponsored 3 performances of "Nutcracker Ballet" by the Maine State Ballet on Dec. 20-21. Two matinees each day were presented to a packed auditorium of elementary school children. The evening performance open to the public was also sold out. The event was made possible in part by a mini-grant of \$500 from the Maine State Commission on the Arts and Humanities. The profit from this event will be used to bring other cultural attractions to the Orono-Old Town schools. As one member commented, "All that work just before Christmas was worthwhile when you saw the complete concentration on the faces of those little boys as they watched."

The Augusta branch held a very successful Sunday afternoon tea in January at Helen Dunn's home for UMA faculty wives, faculty women, prospective and new members...A sale of baked goods and home-made items in Feb. will benefit scholarships, as will a Book Sale in May. A Fellowships contribution will also be made...The branch is collecting for its "archives" copies of old AAUW Journals and General Directors Letters. If anyone has pre-1960 volumes to spare, they would be pleased to have them. They could be brought to the annual meeting...They are helping another Augusta group assimilate material for a calendar of events in Augusta.

LEARNING (cont. from page 1)

gained through this program will be projected to the entire state and provide knowledge concerning the extent of learning disabilities in Maine.

York County members enjoyed an ETV film on Winslow Homer, with commentary by Pat Dunn ...They learned a good deal from a talk with the County Planning Board...They are planning a theater party in February to attend the Treehouse Players' production in Gorham of "Ethan Frome"...Their Fellowships project will be a Film Festival in April. Old comedies will be shown for 3 days at Thornton Academy.

Portland is in its fifth year of cooperating with the Portland Symphony in sponsoring the Young Artists Piano Competition held Jan. 22 and 23 in City Hall. The competition is open to young artists throughout the country. This year there were 8 contestants from 5 states. AAUW serves as the hostess group by arranging housing for the contestants, providing refreshments for contestants and judges during the auditions, and presenting a reception for the public, contestants and judges after the finals. Members enjoy this involvement in their community and feel they broaden their musical interests as well.

Eco-Recipe of the Month: Crunchy Granola

MIX:

4 C. rolled oats	1 C. wheat germ
1 C. chopped nuts	$\frac{1}{2}$ C. flax seed
$\frac{1}{2}$ C. sesame seeds	$\frac{1}{2}$ C. bran
$1\frac{1}{2}$ C. shredded unsweetened coconut	
1 C. hulled sunflower seeds	
1 C. ground roasted soybeans	

HEAT AND ADD TO THE ABOVE:

$\frac{1}{2}$ C. oil (soy, sesame, or corn)
$\frac{1}{2}$ C. honey and $\frac{1}{2}$ tsp. vanilla

SPREAD: mixture on oiled cookie sheet or jelly roll pan (cookie sheet with sides) & bake at 325° about 15 min. until light brown. Turn it over every 3-5 minutes.

All measurements are approximate and it's nice to improvise with ingredients, too. However you make it, it will be much, much better than any commercial varieties of cereal.

P.S. Flax seeds should be ground, or chewed very well.

Highly recommended by Lee Davis, Orono Bran

DAWNBREAKER

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